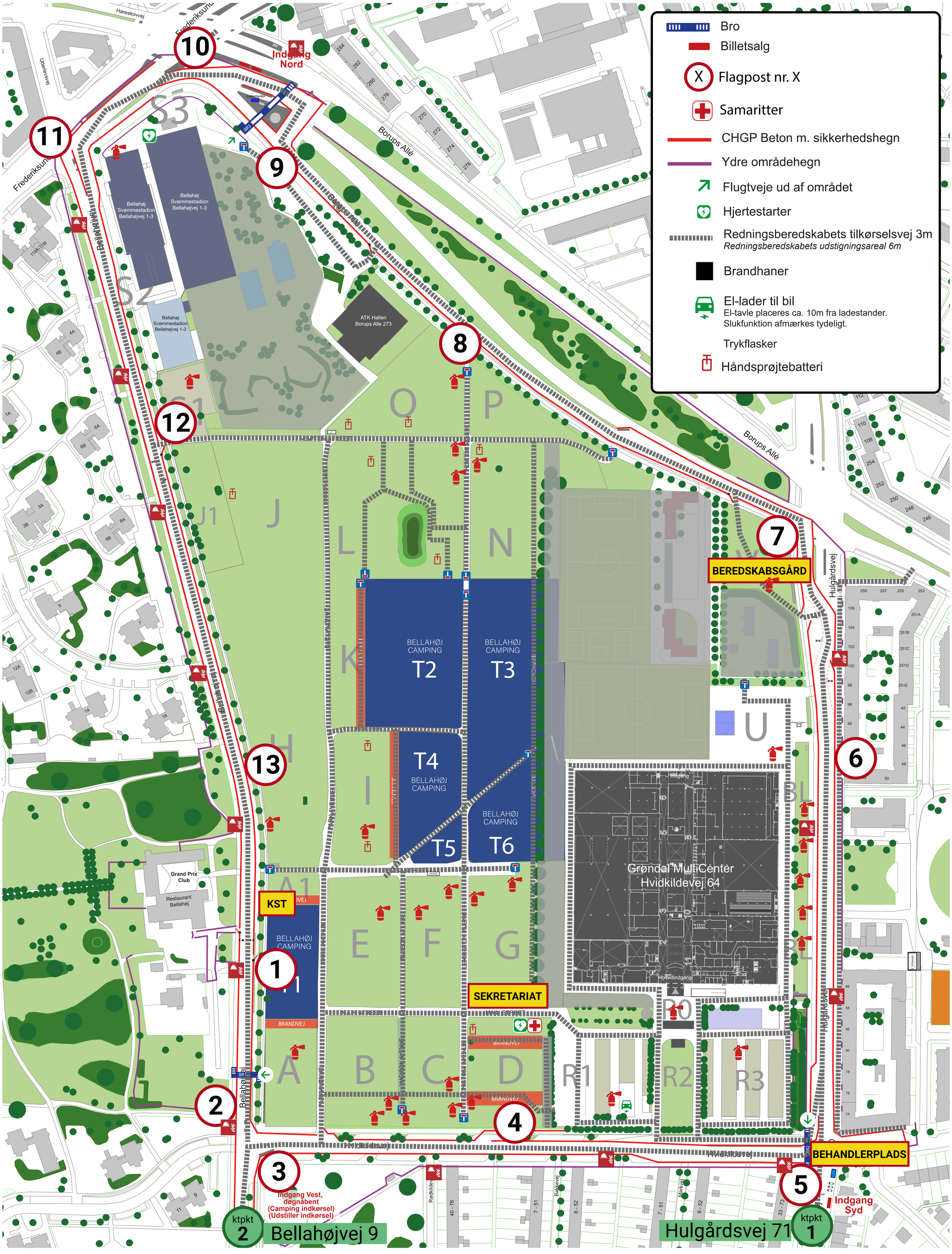BEREDSKABSKORT